



TOTALLY GIVEN

...to His Heart

Discernment Retreats

Discover the beauty of religious life, the gift of Carmelite Spirituality, and the freedom of opening your heart to the unique plan God has for your life.

October 27-29, 2023
Wheatridge, Colorado

December 27-30, 2023
Alhambra, California

February 24, 2024
Miami, Florida

May 23-26, 2024
Alhambra, California



For more information, or to register:
bit.ly/discernment23-24



Carmelite Sisters of the Most Sacred Heart of Los Angeles
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