



CATHOLIC HEALTH ASSOCIATION OF MANITOBA
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ
МАНІТОВСЬКА КАТОЛИЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я

CHAM TURNS 80

Eighty years ago, Sister Berthe Dorais, a Grey Nun in the Order of the Sisters of Charity, Sister Clara Hutek, a Nun of the Order of Felician Sisters of Detroit, Michigan, and Eunice McFarland known under the name of Sister Alice Marie, a Nun in the Order of Sisters of St. Joseph of the City of Toronto made an application for letters patent of incorporation under "The Companies Act" to create a body corporate and politic, without share capital, under the name of *Catholic Hospital Conference of Manitoba*.

At that time, the purpose of the corporation was to carry on without pecuniary gain objects of a national, patriotic, religious, philanthropic, charitable, scientific, social or professional character. The objects of the Association were to represent, advance and promote the interests of the Roman Catholic Hospitals of the Province of Manitoba.

Over the years the name changed to the Catholic Health Association of Manitoba since the membership evolved to include health and human service agencies as well as long-term care facilities.

Another significant change that has evolved is the composition of the board of directors that was initially comprised of Catholic Sisters, and is now comprised of representatives of three sponsor organizations (Réseau Compassion Network, the Misericordia Hospital Corporation and the Sisters Servants of Immaculate) as well as a representative for the Manitoba bishops.

Interestingly, CHAM's old motto "*Caritas Christi Urget Nos – The love of Christ impels us*" (2 Corinthians 5:14) is not in our current by-laws, but it still holds true today as is the mission statement of the 80s: Faithful to the tradition and teachings of the Catholic Church, CHAM's mission is to:

- Continue Christ's healing ministry
- Encourage and support Christians in their baptismal responsibility to care for their health and well-being as well as that of those around them
- Promote respect for human life, from conception to natural death
- Promote holistic health care which addresses the physical, psychological, spiritual and social needs of the person and leads to the fullness of human development.

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Today, CHAM's Vision Statement is:

CHAM leads by example, and our presence, shared values and initiatives influence the way health and human services are delivered in Manitoba.

And our Mission Statement is:

Inspired by the Gospel & grounded in shared beliefs and values (which encompasses all points stated in the older mission statement): CHAM is a forum for Manitoban Catholic health and social service organizations to exchange ideas, and develop shared strategic initiatives that support our collective ability to strengthen the healing ministry of Jesus.

This Association has much to be proud of since its foundation and continues Christ's healing ministry through formation opportunities, education, spiritual care programs, advocating for its members and keeping its ear to the ground on upcoming and unmet needs.

An example of this is that CHAM is currently working on a Medical Assistance in Living strategy and will be looking for stakeholder support of it when we roll this out in the upcoming months.



Holy Family Home
Дім Пресвятої Родини

ANGELA PEELER HIRED AS CEO OF HOLY FAMILY HOME

Since January 2023, Angela served as the Interim CEO of HFH, and in these past six months, the positive impact of her servant leadership has been felt throughout the organization. Her ability to interact effectively and empathetically with people across the organization - staff, residents, families, volunteers, partners and supporters - speaks volumes to her presence and dedication.

Angela Peeler accepted the role of CEO of Holy Family Home at the end of June. Angela is well-known and highly respected within the organization. She brings with her over 25 years of experience as a senior leader in health care.

Angela has served as the Home's Chief Financial Officer for many years, also providing guidance to the Business Office and Human Resources. Under Angela's diligent leadership, the Home's financial position continues to remain strong and stable, despite ongoing cost pressures and increasing funding constraints.

Angela is a leader who consistently demonstrates care and compassion for the residents and staff. From initiating countless staff wellness and wellbeing initiatives, to challenging and supporting teams to be creative in finding new ways to make Holy Family even more of a home for our residents, Angela's approach is always grounded in the mission of the Sisters: **To Serve is to Love.**

Congratulations Angela!

Seniors' Care is Critical. Literally!

Personal care homes are an essential part of Manitoba's healthcare system. Yet most of us don't think about this aspect of our province's social safety net until we or our loved ones need such care. No matter your age, the time to think about the sustainability of Manitoba's personal care homes is now.

With the aging Baby Boomer population, projections indicate demand for personal care home beds will soon far exceed the supply.

What does this mean for you? The reality is, we are all on the aging journey, and many of us will need the extra care provided by Manitoba's system of personal care homes. But without not-for-profit or publicly operated personal care homes, few of us will be able to afford it.

The future of not-for-profit personal care homes in Manitoba is at risk, due to a history of chronic base operational underfunding, aged building infrastructure, human resource issues and more. Fortunately, this is the time to reverse this risk through evidence-informed solutions.

What can you do?

- **Speak** to your MLA and all candidates who come to your door prior to the October 3rd election to let them know your concerns, if they are committed to implementing the Seniors Strategy recommendations and what they will do to protect your future and our province's system of not-for-profit personal care homes.
- **Sign this petition:** <https://chng.it/FbFhRfSGQY>

Suggested questions

- What personal experience have you had with someone going to live in a long-term care home?
 - How did you find the process?
 - How could the experience be improved?
- What personal experience have you had with someone living in a long-term care home?
 - How could their lived experience be improved?

2 HOUR WEEKLY MODULES

Understanding the Aging Journey

Spirituality in Aging

Good Communication

The Power of Storytelling

Dementia

A New Home, A New Way of Life

Loss, Grief, Death & Dying

Roles, Boundaries and Self-Care

START DATE
Oct 3- In person
Oct 4 - Virtual

PUBLIC: \$125

CHAM & IHCAM Members: \$100
Includes workbook and on-line
program development

ON-LINE REGISTRATION:

[https://www.eventcreate.com/
e/spiritualcareseriesoct2023](https://www.eventcreate.com/e/spiritualcareseriesoct2023)

CONTACT:

Julie Turenne-Maynard

204-771-5585

jtmaynard@cham.mb.ca

AN 8-WEEK TRAINING PROGRAM

Designed to help develop a deeper understanding of how to accompany older adults in every aspect of their journey, whether they are living at home or are in Long-Term Care.

WHO SHOULD PARTICIPATE

This training is beneficial for family members, staff of Seniors Care facilities, Spiritual Care volunteers, Church leaders, and others who desire to serve and care for older people.

Medical science has brought about countless breakthroughs in the way we care for older people. But it has also led to a realization that physical and mental health are essential – but not enough. True, holistic care means understanding and supplying their spiritual needs as well.

join the journey

**BODY
MIND
SPIRIT**



Reflecting on the Catholic Health Alliance of Canada's Annual Conference

On May 11 and 12, 2023, the CHAC hosted their annual conference in Montréal, in person for the first time in three years. There were also virtual watching parties hosted across the country, including a few groups meeting regionally.

I think about the main purpose/mission of the CHAC (as the association of sponsors who lead Catholic health care), which is *"Inspired by the Gospel and grounded in shared beliefs and values, we work together to achieve a Canadian society that reaches out to every person who is suffering from illness, stigma, poverty or loneliness"* and where it wants to go: *"We are called to lead, collaborate, innovate and influence to improve health care in Canada and serve where the needs are greatest—especially the poor, vulnerable and marginalized."*

In helping to coordinate the CHAC conference this year, it was important to choose a theme that would fit with the mission and vision of the Alliance. *Getting to the Heart of It: Being, Caring, Doing* explored compassion and ways of being through many different lenses. We heard from researchers, lawyers-turned-community advocates, and experts in the field of burnout as well as time spent on Compassion Cultivation Training. It was a beautiful chance to reflect on our work, our daily lives and how we show up for ourselves and others.

Dominique Philibert, Director of Communications at RCN stated that *"the conference was an exceptional opportunity to connect with one another, and to realize how much us humans need to come together and share in order to evolve and grow."*



Members of Réseau Compassion Network and CHAM who participated in Montreal

Beyond everything I learned about compassion and its extraordinary effects on human beings, it was the access to a safe, loving, open and welcoming space that enabled authentic exchanges and created opportunities to be open and vulnerable that had the greatest impact on me. "

Following this conference, it was decided to continue with the theme of *Getting to the Heart of It: Being, Caring and Doing* for 2024 and 2025 since there is more to explore, and we are in the process of determining the program content at this time.

It was also decided to host the conference in Winnipeg on May 9th and 10th, 2024, so this will provide many of you the opportunity to participate in person and benefit from the connections being made and the experiential components being planned.

To find out more about the CHAC [click here](#).

Sara Riel's Seneca Warmline receives CHAC's National Award for Program of Distinction

The Seneca Warmline established in March 2020 offers a dedicated telephone service to Manitobans struggling with issues which affected their mental health and wellness during the isolation and quarantine resulting from the COVID-19 pandemic. Since then, over 45,000 people have been supported!



By offering 24-hour access to a compassionate ear, a calming voice, and a wealth of available resources, the Warmline has provided clients with an essential component of their mental health recovery.

204-942-9276

A NEW SEASON IN LIFE

Last month, I made the difficult decision to inform the board of directors of CHAM that I will not be renewing my contract at the end of January 2024. Difficult, because I love what I do, to be of service to CHAM members, and to the faith community. It does not mean that I will stop everything, but this is the time in my life to reduce my workload and begin to take quality time for myself and my loved ones.



Having said this, I share this letter that was sent out on July 10th to the membership.

Julie Turenne-Maynard has notified the Catholic Health Association of Manitoba, the Interfaith Healthcare Association of Manitoba and the Manitoba Association of Residential and Community Care Homes for the Elderly of her retirement as of early 2024.

Announcements about a retirement event and gifts will follow in the fall. Julie has been with us since January of 2017, and we are starting to work on plans to find someone to carry on her wonderful work with our organizations.

The recruitment for this position is complex and will take time. We intend to engage the services of a recruitment firm, but also want to check in with our members.

If you are, or know of, a person you feel should be considered for this role please let us know by July 26 by email at catholicealthassociationofmb@gmail.com.

While we are working on the job description and requirements, we have identified that the person needs to be:

- ⇒ A leader
- ⇒ A self-starter
- ⇒ Experienced in government relations
- ⇒ Supportive of the values and beliefs of our organizations
- ⇒ Supportive of reconciliation with Indigenous peoples

It would be preferred if they also were:

- ⇒ Bilingual (English/French)
- ⇒ Experienced in the Manitoba health care environment.

We want to wish Julie well in the next phase of her life and are glad we will be continuing to work with her for the next 7 months. Thank you for your attention to this matter.

*Jean Piché, Chair of CHAM
Laurie Cerqueti, Chair of IHCAM
Joyce Kristjansson, Chair of MARCHE*



After having occupied an office on the 5th floor of the St. Boniface Hospital's Education Building for the past twenty-eight years, CHAM is moving its office and all its belongings and mode of operation.

The pandemic taught our CHAM that it is feasible for the Executive Director to work from a home office, and this shall continue for an indefinite period of time.

All correspondence for CHAM will now be redirected to:

**P.O. Box 47056
Winnipeg RPO Marion, Mb R2H 3G9**

Please update your records.

NEW phone number :
204-202-3866 ext: 1001
NEW Efax number: 204-202-7590
NEW TollFree Number:
877-317-2730
Cell number: 204-771-5585

Storage of CHAM's historical files and other items will be stored at the Archdiocese of St. Boniface offices located at 151, avenue de la Cathédrale in St. Boniface.

THE GLOBAL LEADERSHIP SUMMIT

AUGUST 3-4, 2023



Do you ever wonder why some people, at the core, seem deeply rooted, have a people-first approach, are compassionate & generous, but are also goal-oriented and are able to move teams and organizations forward?

It doesn't happen by mistake.

On August 3-4, 2023, participants will be gathering with other leaders at Oasis Church located at 940 Elmhurst Road in Winnipeg to be a part of a LIVE telecast of the GLOBAL LEADERSHIP SUMMIT.

Join over 60,000 impact-oriented leaders from across North America for an incredible two-day leadership experience.

GLS provides curated leadership content from world-class speakers and inspirational leadership moments that catalyze growth. Every GLS brings together thoughtful industry leaders, academics, and practitioners to powerfully engage the audience and help leaders become more impactful.

We have thirteen (13) complimentary registrations purchased for this year's summer.

Who attends the GLS Summit?

Year after year, the GLS has convened an audience across industry, faith, age, gender, and geography.

The leadership conference draws people from various backgrounds and sectors.

Business leaders are learning from academics. Church leaders are learning from healthcare leaders. Not for Profit is learning from For Profit, and people of the Christian faith are learning from leaders with different faith perspectives.

While the conference has Christian values at its core, it is open to anyone.

It is humility, curiosity, and the desire to learn from anyone that makes the Summit audience unique.

Members interested in attending should contact Julie Turenne-Maynard at jtmaynard@cham.mb.ca or call 204-771-5585.



"My job got really hard there for a while. Running so hard for so long is not good for anyone, and sometimes you don't give your own self a break or an opportunity to recover. I needed the break. I needed the punch. I needed the perspective. I came back to work after the Summit refreshed!"

- Ashley Dikes, Clinical Applications Manager, Anderson Regional Medical Center

TO VIEW SOME OF THE KEYNOTE SPEAKERS, CLICK ON THE LINK BELOW:

[GLS23 Faculty Bios 01 - Feb copy.pdf](#)
[- Google Drive](#)

COVENANT HEALTH INITIATIVES

CHAM is pleased to share two initiatives that Covenant Health Alberta, a Catholic Sponsor and member of the Catholic Health Alliance of Canada has created.

Understanding Palliative Care

The Covenant Health Palliative Institute has launched a new online module, *Understanding Palliative Care*. This interactive multimedia resource aims to improve public understanding of palliative care and help people appreciate the benefits of this sometimes poorly understood area of health care.

[Understanding Palliative Care | Compassionate Alberta](#)

My Wishes Alberta Workbook

The Covenant Health Palliative Institute released *My Wishes Alberta: Planning for My Care*, a fillable workbook that helps people identify what's important to them in their life, health, and personal care. This workbook was developed through a partnership with [Canadian Virtual Hospice](#) and was adapted from our resource, [Coming Full Circle](#), an advance care planning tool co-created with a national Circle of Elders and Knowledge Carriers.

<https://compassionatealberta.ca/>



The third World Day for Grandparents and the Elderly will be celebrated this year on Sunday, 23 July 2023.

Pope Francis inaugurated this World Day to be celebrated by the universal Church each July, either on or near the liturgical Memorial of Saints Joachim and Anne, grandparents of Jesus, to help *"treasure the spiritual*

and human wealth that has been handed down from generation to generation." **The theme chosen by Pope Francis for this year's World Day is "His mercy is from age to age"** (Luke 1:50), highlighting the relational interconnection between old and young. This theme is particularly well suited to the upcoming World Youth Day in Lisbon, Aug.1-6, 2023.

The CCCB Standing Committee for Family and Life, in collaboration with its corresponding Office, produced a 30-second video that captures a group of high school students visiting a retirement home. This heart-warming interaction between young people and the elderly illustrates this year's theme and encourages us to find concrete and creative ways of drawing closer to the elderly. [Click here](#) to view the video and resource kit from the CCCB. [Click here](#) for Pope Francis' message. [Click here](#) for the official World Day for Grandparents and the Elderly prayer. [Click here](#) for pastoral suggestions for World Day for Grandparents and the Elderly. [Click here](#) for more information from the Vatican.



INTAKE FOR CFSC/FCSS Bursary and Grant Applications

This program is designed to foster enriching opportunities for both students and researchers alike as they pursue their professional goals in the field of spiritual care and psychospiritual therapy.

The Foundation helps students seeking financial aid to cover the costs associated with their education, including tuition, books, materials, travel etc. Research grants are also available to CASC/ACSS members seeking to fund their research projects and associated costs in the field of spiritual care and psychospiritual therapy.

Bilingual applications will be available online for review on July 25, 2023.

Applications can be submitted online between August 8 - September 22, 2023.

In a spirit of truth and reconciliation, the new Indigenous Student Bursary Fund is now available to all indigenous peoples pursuing education in spiritual care and psychospiritual therapy. Keep an eye on this [website for updates](#).



New Concentration in Spiritual Care

Beginning this fall, CMU is offering a new MA concentration in spiritual care. The program will prepare students for chaplaincy work and strengthen CMU's current MDiv and MA programs, which in continuity with CMU's mission statement, serve "to inspire and equip for lives of service, leadership, and reconciliation in church and society."

Significant developments have taken place over the last year that have culminated in the signing of agreements

between CMU, Shared Health, and the Winnipeg Regional Health Authority, making it possible for students to complete four units of Supervised Psychospiritual Education (SPE), generally referred to as Clinical Pastoral Education (CPE). **Two instructor-supervisors Chenene Layne at St. Boniface Hospital and Tim Frymire at Selkirk Mental Health Centre have also been named adjuncts at CMU.**

Across Canada, chaplains serve in hospitals, universities, Christian high schools, long-term care, correctional, rehabilitation and military facilities, and to a lesser degree in corporate, private and NGO organizations.

CMU is well positioned to deliver this two-year, 48 credit-hour program given its central location in Winnipeg.

A distinguishing feature of the program is its breadth of disciplines and range of faculty expertise. The program builds on CMU's current strengths in Theology, Psychology, Peacebuilding and Collaborative Development as well as the new program in Social Work that is being developed this fall.

Courses connected to indigenous concerns are a required feature of the program. Students from faiths and spiritualities outside of Christianity are welcome. **Courses in the Spiritual Care program are offered in in-person, hybrid, and online formats.**

Persons interested in learning more about the program can contact Karl Koop, faculty member teaching in history and religious studies at kkoop@cmu.ca

30 days of Reconciliation

CHAM has taken to heart its journey of Truth and Reconciliation, and the call to Reconciliation that we are experiencing as an organization is also a call to our own healing journey.

Reverend Stan McKay stated the following in the « What we Learned » document from the T & R Commission:

There must be a change in perspective about the way in which Aboriginal peoples would be engaged in Canadian Society in the quest for reconciliation. We cannot perpetuate the paternalistic concept that only Aboriginal peoples are in need of healing. The perpetrators are wounded and marked by history in ways that are different from the victims, but both groups require healing. How can a conversation about reconciliation take place if all involved do not adopt an attitude of humility and Truth and Reconciliation respect? We have all stories to tell and in order to grow in tolerance and understanding we must listen to the stories of others.”

When Tessa Blaikie-Whitecloud of the Siloam Mission contacted Julie Turenne-Maynard to be a panelist for the reconciliation panel at the Reconciliation Gathering last month, she agreed wholeheartedly and went one step further by becoming a partner and the only sponsor for the two-day event.

Over 350 Christian individuals participated in the gathering that was rich in ceremony, learnings, conversations, prayer and worship.



One of the outcomes of this gathering is 30 Days of Reconciliation and Learning which is an invitation to hold space for your own journey in which we can all learn, understand, and be compelled to act. So, this is our invitation to you to click on the link below to follow your journey on the path to Truth & Reconciliation: [208336-001 30 Days 1up V2 01 \(002\).pdf\(Review\) - Adobe cloud storage](#)

UPCOMING EVENTS

- July 23** World Day of Grandparents and the Elderly
- Aug 3-4** Global Leadership Summit
- Aug 13** Annual St. Boniface Diocesan Pilgrimage at the St. Malo Grotto
9 AM French Mass
11 AM English Mass
- Sep 5** Focus Group on Long-Term Care
Saul & Claribel Simkin Centre
6:30 p.m.— public welcome
- Sep 13** Soirée Rosée - St Boniface Hospital Foundation Purchase tickets at: [Rosé Soirée 2023 - Fondation de l'Hôpital Saint-Boniface Hospital Foundation \(stbhf.ca\)](#)
- Sep 21** InVision - Misericordia Health Centre Foundation Purchase tickets at: <https://www.misericordiafoundation.com/invision.html>
- Sep 30** National Day of Truth and Reconciliation



FREE weekly meditation circle, hosted over Zoom. No registration required, simply join us on Tuesdays by clicking [HERE](#).

Doctrine of Discovery

September 27th, 2023—more information to follow on RCN Website.

Mindful Self-Compassion

An invitation to be kinder to yourself, to handle difficult emotions more easily, to motivate yourself with encouragement rather than criticism and to begin to transform relationships.

Fraturdays from September 29 to November 10, 2023
1:00pm to 4:00pm CST

In-person | 156 Marion Street

Registration is available on a sliding scale