

4th SUNDAY OF LENT

Change

KEEPING IT REAL

Transforming our Lives in Lent



Heart of Love

Lord, we are at the midway point in Lent and so much has already changed. May I continue this week to be real to the person you call me to be and when I struggle to be true to who I am, may this prayer guide me: God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference. Amen

Act of Love

So much has changed already within us. Now make that change real. During the week, consider what has already changed within you and take it to your school, work, parish, or community. Be the change!

Word of Love

God invites us to be the person he calls us to be. Being true to who we are is never easy. Life has many challenges that make us question ourselves and our gifts. Look at the young son in the parable of the *Prodigal Son*. Opportunity was out there and he was going to experience it. What he did not consider is the good life he already had. Still, he went out to experience life. After a while, that excitement dwindled as his resources disappeared. In the lowest point of his experience he realized the goodness his father had for even the lowest servant in their house. With that thought, he returned. The choice to return must not have been easy for him, but he realized that the life he thought he wanted was not real for him. We too are invited, like the young son, to consider our choices.

Reflection:

Discuss why it is hard to remain true to ourselves when events in life seem to call us elsewhere.