

## 4th SUNDAY OF ADVENT

# WAKE UP & GET READY

## Christ is Coming!

# BE JOYFUL



# P R A Y

Jesus, the time of our Advent preparations are coming to a close. As we joyfully await to celebrate your birth at Christmas, you invite us recognize your good works in the world. May we remember all the good things you have done in us and in the world. Teach us in this last week to BE JOYFUL and know you are present in the world.

Amen

Mary is a wonderful example of joyful faith. In the Gospel story on Sunday Mary set out to visit her cousin Elizabeth after hearing the wonderful news that both of them will conceive sons. We too are invited to joyfully share our lives with others and celebrate the wonder of God's great work in the world. As disciples of Christ, we are especially called to bring the joy of Christ to those who are lonely or in need of a friend. Life gets busy sometimes that we do not see the need of another or think someone else will take care of them. We are the instruments of joy that makes the world a better place.

Reflection ~ discuss some ways you are an instrument of joy to others.

Spend time with someone this week who does not feel the joy of life right now. Bring the joy of Christ's light into their lives by your presence and time with them.

# S E R V E

# BELIEVE