

St. Benedict's Retreat & Conference Centre presents

Sabbath: Retreat for Young Adults

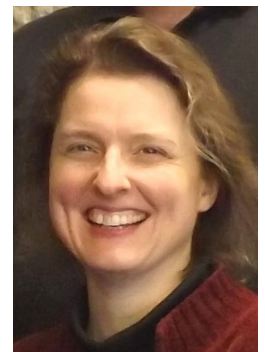
May 10-13,
2018

Are you between 18 and 39? Here's something just for you!

Sabbath is a retreat which offers you, young adults, a chance to renew your relationship with God as you join a small ecumenical community. Rest and dwell in God's presence while you are led by experienced spiritual directors providing you a mix of silence, spiritual exercises, worship, reflection and sharing to support you in our intimacy with Christ.

Laura Funk, M.A. is a retreat facilitator and a spiritual director.

Rachel Twigg Boyce, M.A. is a spiritual director and retreat facilitator.



campfire

music

meals

prayer

rest

Thursday, May 10, 5pm—
Sunday, May 13, 5pm

Guests arrive before 5 to complete registration and be present for dinner at 5

Residents only: Tuition, Private Room and Board **\$80**
Sponsored by St. Benedict's Foundation, Inc.

new friends

For more information and for registration:
www.stbens.ca; stbenscentre@gmail.com; 204-339-1705

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