

SUMMER PRAYER



CENTERING RETREAT

Monday, July 2 (7:00 pm) - 9 (1:00 pm), 2018

This summer's retreat will build on the works of Thomas Keating over the past 30+ years, beginning with the *Spiritual Journey* series. The DVD series, *God is Lover; the Heart of All Creation*, offers 'a vision of hope and a view of reality that...integrates the sciences, religion and humankind's place in the cosmos as divine in origin, unifying in purpose, infolding in it grandeur.'

The retreat will offer a certain rigour, including 3 hours of group centering prayer. Prerequisite is a committed centering prayer practice and working knowledge of Fr. Keating's spiritual teachings.

Please register by June 15th.

Private Room, residents only, \$650 (\$100 deposit required)
Top floor rooms with baths are popular. Register early!



Sr. Sandra Stewart, RNDM is a popular retreat leader. She facilitates the Centering Prayer series and has led the Retreats several times. Sandra is a commissioned presenter of Centering Prayer, a spiritual director and a member of the leadership team of her community.

To register call: 204-339-1705
or online at stbens.ca

St Benedict's Retreat & Conference Centre
225 Masters Avenue, Winnipeg, MB R4A 2A1